



From the PASTOR

Can Crisis Produce Blessing?

So, what do you think? Can a crisis really produce a blessing? Can something good come out of a painful and trying situation? Or, is this just an optimistic and hopeful way to cope with a down and difficult time? When you have found yourself in that dark tunnel of despair and even depression, did it help when someone said to you that there is light at the end of the tunnel? Did it help to hear: "Things will get better." -or- "This too shall pass." ?

How many people have found life going along smoothly for years when, all of a sudden, they have found themselves in the middle of some serious crisis! Perhaps the sudden death of a loved one changed life completely and presented serious problems wholly unanticipated. Perhaps it was the loss of a job, so that life had to be completely readjusted. There are hundreds of unexpected incidents that can suddenly bring one face to face with the stark and stern realities of life, especially, it seems, in recent months.

The Apostle Paul, who had been through one desperate crisis after another, wrote as follows: "And we know that all things work together for good to them that love God, to them who are the called according to His purpose" (Romans 8:28). I have been reminded of these words when I have been down in the dumps, so to speak, and I hate to admit it but they fell on doubting ears. Yet, for believers in the Lord Jesus Christ crises can give birth to great spiritual blessings. Although the 'birthing process' may remain quite painful.

Crises can draw us closer to our heavenly Father, cause us to pray more and to lean harder upon Him. They show us the insecurity of all that is temporal and give us a greater appreciation of our eternal security in Christ. They give deeper meaning to the Scriptures we study and even to the hymns we sing. They sanctify and enrich our fellowships. To those who truly love God and are "called according to His purpose," all things do indeed "work together for good"...caused by God, of course, to "work together for good." In a conversation with a cancer survivor, a woman told me she was actually glad she'd had cancer because it brought her so much closer to the Lord!

This is why God's Word to the Christian is: "Be careful [care full] for nothing; but in everything by prayer and supplication, with thanksgiving, let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus" (Philippians 4:6-7). A crisis can indeed prove to be a blessing and produce many blessings! There is a "Light" in the darkness! May God enable us to open our eyes to see Him even in the darkest crisis, and to follow Him through the valley and shadows to His light and hope!

Pastor Dennis Krueger

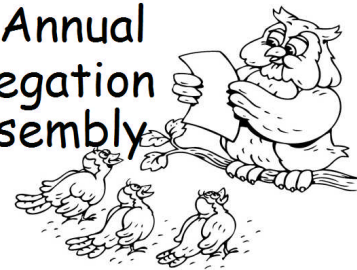


**SUNDAY SCHOOL
SUMMIT
Sunday, AUG. 15th
12:30 P.M.**

Following the worship services on Sunday, August 15th, everyone is invited to come out for an open forum discussion about our Sunday School ministry and how we might address the steadily declining participation. Come with some ideas to share as we put our heads together for a brain storming session, and to pray for this important children's ministry. We'll keep the coffee hot, the lemonade cold and the snack trays full! Your participation is sincerely welcome and requested. Thank you!

MARK YOUR CALENDARS

Annual
Congregation
Assembly



**SUNDAY, AUGUST 29TH - 11:30 AM
IMMEDIATELY AFTER THE
9:30 AM SERVICE
(5TH SUNDAY - ONE SERVICE ONLY)**

Equipping those who are called to help others with cancer...

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Twelve outstanding lessons (see curriculum description on reverse). Choose from two options:

- 1) Audit lessons (no cost), or
- 2) Become a certified Hope Coach (workbook, exam & certificate \$165).

For registration and information contact:

Doris Diaz (951)656-7879 Janet Gasco (951) 924-4588

Email: tlccancerpatientsministry@yahoo.com

**Meeting at: Calvary Baptist Church
14137 Business Center Dr., Moreno Valley**

Program materials purchased with funds from Thrivent Financial® for Lutherans



American Red Cross

The need is constant.
The gratification is instant.
Give blood.™

1-800-GIVE-LIFE | RedCrossBlood.org

**BLOOD DRIVE
AT
SHEPHERD OF THE VALLEY**

**TUESDAY
AUGUST 31, 2010**

1 PM - 7 PM

**WATCH FOR
SIGN UP
INFORMATION
IN THE
ANNOUNCEMENTS**

X X X X X X X X
QUILTING FOR LUTHERAN WORLD RELIEF
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Hello Everyone!

We hope that all of you are having the best summer ever now before we all settle down and start to think of the holiday days. It is hard to believe that we only have two and a half months before our year ends for the quilting group. We have scheduled the blessing of the quilts and kits for LWR for Sunday, October 10th. I know that several of you love to make photos of all the quilts and keep them for memory books. I don't want you to miss any of them and love sharing them with you before the big send off at the end of October. As of right now we are completing quilts that we have on hand and hope to get a few more started and completed to send this year.



Now is also the time to start to buy items for the school kits, health kits, and sewing kits. We have a box on the counter in church to receive your donations and will be ready to assemble the kits in October. We are grateful for all the help and support that you give to our group. Many, many thanks for all your help.

If you can find time to join us we meet the fourth Saturday of each month except in November and December and we would love to have you come help us. If you have any question please call Linda Olson at 276-0373. You can find us in the fellowship hall ready to work at 9 am. If you don't know how to quilt we can use you in several other places and know that you will enjoy our ladies that work with us all the time. Take care and God bless you and thanks again for your support.

Take-Along Shopping List for Lutheran World Relief Kits

Cut out this list and keep it in your purse or wallet for easy reference when you run into seasonal sales.

HEALTH KITS:

- One hand towel, dark color recommended
- One washcloth, dark color recommended
- One bath-size bar (4-5 oz.) of soap, any brand, in its original wrapping
- One adult-size toothbrush in its original packaging
- One sturdy comb
- One metal nail file or nail clippers with file attached (no emery boards)
- Six Band-Aids® preferably 1/2" - 3/4"; secure together w/ rubber band

INFANT LAYETTES:

- Two lightweight cotton shirts or Onesies® (or similar item)
- Two long- or short-sleeved gowns or sleepers (with or without feet)
- Two receiving blankets, medium weight cotton or flannel, or crocheted or knitted with lightweight yarn (suggested size 36" X 36")
- Four cloth diapers, flat fold preferred
- One sweater or sweatshirt
- Two washcloths (full-size preferred)
- One bath-size bar (4-5 oz.) of gentle soap, in its original wrapping
- Two diaper pins OR two large, metal safety pins

SCHOOL KITS:

- Notebooks of wide-or college ruled paper totaling 150-200 sheets
- One blunt scissors (safety scissors w/embedded steel blades work well)
- One 30-centimeter ruler
- One pencil sharpener
- One eraser approximately 2 1/2" long
- Six new, unsharpened #2 pencils with erasers
- 12 sheets of construction paper in assorted colors
- One box of 16 or 24 crayons
- Sturdy fabric for making 12 x 14 cloth bags for holding items

SEWING KITS:

- 3 yards of 44" wide cotton or cotton-blend fabric or
- 4 yards of 36" wide cotton or cotton-blend fabric or
- 2 1/4 yards of 60" wide cotton or cotton-blend fabric
- One spool of matching general purpose thread, 250-300 yards
- Six to 10 average-size matching buttons
- One package of about 10-15 hand-sewing needles

All items should be new and in good condition. Any donations will be greatly appreciated. Bring to the church or office. Thanks for your help!

CALLING ONE AND ALL

If you would like to be part of the choir, come check us out on **September 7th at 5:45PM** in the sanctuary. We have a lot of fun while learning new anthems to glorify God! Come be a part of our **CHOIR FAMILY!**

Blessings to all, Chris Deinert, Choir Director



KNIGHTS OF THE HOLY SPIRIT

The next Men's Bible Study is on Saturday, August 14th. Starting at 9 AM at the Berringer's backyard. Contact Ric Riccardi at 247-9351 or Mark Magill at 909-389-9661 for more information.

TAI CHI EVERY THURSDAY MORNING AT 10 AM

All are invited and it's FREE!

Presented by
 Suzy Langhorne
 Instructor & Parish Nurse

HOLIDAY BOUTIQUE 🌿 NOVEMBER 6TH / 8 A.M. - 2 P.M. 2010

Hello All!

August is already here and that means we are only a few months away from Boutique time. We hope you're working on your crafts on these warm summer days so that by the time fall arrives you won't be rushed. WOW..... did we have a nice crafting day last month. If you didn't attend you missed out on a fun time. We had twelve ladies join us and not only did we work on several different crafts but we shared a lot of ideas. Thank you for attending and to those who donated materials and munchies for the crafting and all of the wonderful ideas shared.

Our next workshop will be on August 14, from 9 AM until 11 AM and we will be making strawberry and plum jam for the boutique. Eulema Radosevich and Linda Olson will be showing us how to do this. Please sign up on the sheet in the lobby so we know how many will be coming. Also, if you see good buys on strawberries buy some and freeze them to use that day plus to have some for yourself. I'm sure you will want to make some for yourself once you learn how.

Hurray! Gary and Chris Klepps have volunteered to put together the recipe book for the boutique. Now your part is submitting your favorite recipe to gcklepps@earthlink.net before September 30th. Let's all participate in this. If you don't have a computer, submit it in writing in the "Harvest Boutique" basket in the lobby. We all know how we love our recipe books. Lets get started on this right away.

We are going to have some crafting evenings coming up also where you can get together and work on your craft items and maybe get help completing them. We'll announce these in plenty of time for you to mark your calendar. Everyone is invited to join us. If you have some crafting ideas please share them with us.

Looking forward to seeing you at our workshops!



Love in Christ, Marina Bromar, Boutique Coordinator



CONTINUING TO BUILD FOR THE FUTURE, ONE CHILD AT A TIME...

“Consequently, you are no longer foreigners and aliens, but fellow citizens with God’s people and members of God’s household, built on the foundation of the apostles and prophets, with Christ Jesus Himself as the chief cornerstone. In Him the whole building is joined together and rises to become a holy temple in the Lord. And in Him you too are being built together to become a dwelling in which God lives by His Spirit.” Ephesians 2:19-22.

We've had an exciting past year, watching the new building go up, seeing the modulars leave, and moving into new classrooms. We've changed, adjusted, rearranged and we survived. The building is complete and the final fencing on the back side has been installed thanks to the funding from a First 5 Grant which we received earlier this year.

These new school rooms were built with Jesus Christ as our chief cornerstone, based on Christ, with the purpose and intent of reaching out beyond our walls to families in Moreno Valley who need childcare and who may or may not know the Lord. We are a non-profit school with the sole purpose of ministry. Our goal is to serve the children and families of Moreno Valley with a loving and caring staff who pray for the children in our care. Due to these economic times we are not at full enrollment and have not yet been able to fill the new school to capacity. The church has generously supported the school prayerfully and financially.

And now, we have been presented an opportunity to share our campus with another school this year. We have room and we are excited to welcome the students and staff of Big Springs Educational Therapy Center and school. Big Springs school is a multi-disciplinary, multi-sensory approach for dyslexic and language learning disabled students who are aged Kindergarten through sixth grade. Their school will occupy classrooms 5, 6, and 7 and they will use the swing side playground. We will continue to use rooms 1 through 4 and the First 5 playground. Once again, we are adjusting and rearranging and with God's continued guidance we will survive. Thank you for your patience as we transition and please continue to pray for our school ministry as we begin another school year on August 11. Please pray for our teaching staff that is on the front lines of this ministry. Please pray God will continue to bring the children and families who need to hear about Him. Please pray for God's continued equipping so we can extend His love to these preschoolers. It is only of Him and through Him that we are able to touch their lives. My prayer is always that these little ones will come to our school and hear about Jesus and that these tender years will be a firm foundation in Christ that will hold them all of their lives. We're excited for a new school year filled with God's love, lessons, and learning. Bring forth the children, bring forth the joy.



In His Service, Sian Rockwell, SVLS Director



BETTER HEALTH NEWS Add Color to Your Plate

Perhaps you are old enough to remember when TV shows were advertised "in living color." That statement is especially fitting for what we eat: our living is enhanced by the color of foods on our plate. We're talking about fruits and vegetables, of course, and the health-promoting benefits they provide:

- Reducing your risk of stroke
- Reducing high blood pressure
- Lowering your risk of heart disease
- Lowering your risk of skin, lung, breast, stomach, and colon cancers
- Boosting your immune system
- Helping manage and lose weight

Consider coloring your plate with these hued foods:

Green: okra, kale, spinach, peppers, broccoli, avocados, green beans, peas, green grapes, kiwi, and green apples.

Orange: carrots, sweet potatoes, butternut squash, oranges, nectarines, peaches, cantaloupe, apricots, pumpkin, and mangoes.

Yellow: peppers, pineapple, lemons, squash, and corn.

Red: peppers, tomatoes, marinara sauce, kidney beans, red-skinned potatoes, apples, cherries, watermelon, raspberries, pomegranate, and strawberries.

Blue/Purple: eggplant, grapes, plums, raisins, blackberries, blueberries, currants, figs, and purple onions.

White: cauliflower, mushrooms, garlic, onion, shallots, pears, and bananas.

SOURCE: *WomenFitness.net and FitnessMagazine.com*

Kickoff K.I.D.S. Stamps!

Looking for a way to help children learn to save? Try LCEF's K.I.D.S. Stamp program, a family opportunity for children to support the Church and learn the first steps of investing before they get into unmanageable debt as young adults. Kickoff a K.I.D.S. program at your church/school, contact lcef.org or call 1-800 THE LCEF (1-800-843-5233) for more info'. "Train a child in the way he should go, and when he is old he will not turn from it."



The LUTHERAN HOUR



Proclaiming Christ for 75 Years.

"The Lutheran Hour" is broadcast **at 7 am on KKLA Radio 99.5 FM**. Give them a listen while you're getting ready for church on Sunday mornings. If you can't listen Sundays, you can find them on the internet at www.lutheranhour.org.



DON'T FORGET YOUR FOOD DONATIONS FOR CAP EACH SUNDAY!
Thank You!

NEEDED FOR CRAFT PROJECTS:

- Potato chip cans
- Old cds & cases
- Greeting card fronts
- Laundry soap scoops
- 35mm film containers
- Powdered drink mix cans
- Plastic baby food containers
- Powdered baby formula cans
- Prescription bottles (any size)
- Magnets from advertising, etc.
- Any small bottles, containers, boxes
- Empty sewing spools (wood or plastic)
- Tins (from band aids, Altoids, tea, etc.)
- Candy boxes (like from Sees, Whitman's)
- Starbucks-type bottles with lids and carton

Bring to the church or office. These items are made into craft items and given to the cancer patients at the County Regional Hospital. Thank you each and everyone for your help. These items are needed throughout the year .



SHOP WITH SCRIP!

Stop by the SCRIP table after service and pick up Stater Bros. cards in \$10, \$25, \$50 & \$100 denominations. Don't know what SCRIP is? Ask at the SCRIP table or call the church or school office. Money earned from SCRIP sales benefits our school. **GET THE SCRIP HABIT!**



SAVE BOX TOPS FOR OUR SCHOOL!



Specially marked box tops are worth \$.10 each when redeemed from Box Tops for Education. Encourage friends & family, near & far to help, too. Thanks for taking the time to help our school. *Note: we no longer save Campbell product labels.*

The sponsors appearing on the back cover help defray the cost of printing the Newsletter, please give them your consideration when possible.



The Shepherd's Staff

WORSHIP SERVICE TIMES: Sunday: 8:00 & 10:45 AM
Fifth Sunday of the month - One Service Only at 9:30 AM

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Moreno Valley, CA 92557
(951) 924-4688

RETURN SERVICE REQUESTED

DENNIS KRUEGER, SENIOR PASTOR
RON KRAFT, ASSOCIATE PASTOR
SIAN ROCKWELL, SCHOOL DIRECTOR

HELP WANTED:

The elementary youth group is in need of volunteer leaders. You may volunteer for one month or a year. We will be starting the AWANA program in September and need volunteers to monitor the games and help with the bible studies. There is no preparation needed, and the only requirements are Love of Jesus, Love of Children and a heart for shepherding his flock. The Elementary group meets on Wednesday nights 6:00 PM - 7:30 PM. Please contact Mark Magill @ (951) 757-2960 for any questions.

Sr. High Youth
meets on
Sunday nights in
the Youth Room at
6 PM

Jr. High Youth
meets on
Monday nights
in the Youth
Room at 6 PM



August 2010

YOUTH GROUP SWIM DAY

SATURDAY, AUGUST 14, 2010
8:00 AM — ?

YUCAIPA REGIONAL PARK
33900 OAK GLEN RD.
YUCAIPA, CA

Swim all day = \$5.00 or
Waterslide/Swim = \$10.00
Parking = \$10.00

For more information contact
Mark Magill @ (951) 757-2960

We will be hosting **AWANA** training Saturday August 21 9:00 AM - 3:00 PM in the fellowship hall. This training is for those who will be volunteers for the Elementary group. If you are going to volunteer or thinking about volunteering please plan to attend this free training. You may contact Mark Magill (951) 757-2960 for any questions.

Elementary Youth Group meets on Wednesday nights in the Youth Room from 6 PM - 7:30 PM